

## Up Down and Around

0.0	0.0	▀	Start of route
0.0	0.0	←	L onto MA-117 E/Main St
0.1	0.1	→	R onto Forbush Mill Rd
1.1	1.2	↑	Continue onto MA-110 W/Still River Rd
0.7	1.8	→	Slight R onto S Bolton Rd
0.7	2.6	→	Slight R onto George Hill Rd
0.5	3.1	←	L onto George Hill Rd
0.8	3.9	↑	Continue onto Hilltop Rd
1.2	5.1	↑	Continue onto Flanagan Hill Rd
1.3	6.4	→	R onto Pratts Junction Rd
0.5	6.9	↑	Continue onto N Row Rd
1.8	8.7	→	N Row Rd turns slightly R and becomes Upper North Row Rd
2.0	10.7	↑	Continue onto Justice Hill Rd
0.3	11.0	↑	Stay on Justice Hill Rd

11.0 miles. +1137/-611 feet

0.8	11.8	→	R on Lucas Rd
1.3	13.1	↑	Continue onto Hobbs Rd
0.2	13.3	↑	Cross Rte 140 to stay on Hobbs Rd
0.4	13.7	→	Slight R onto Beaman Rd
0.5	14.2	→	R onto Willson Rd
0.4	14.7	→	R onto Mirick Rd
0.6	15.3	←	L onto Pine Hill Rd
0.6	15.8	→	R onto Mountain Rd
0.1	15.9	↑	L into Wachusett Visitors' Center
0.0	15.9	→	Slight R onto N Rd
0.9	16.9	↑	Continue onto Administration Rd
0.4	17.3	↑	L to stay on mtn climb
0.8	18.1	←	L
1.3	19.4	→	R onto N Rd
0.6	20.0	←	L toward Mountain Rd
0.0	20.0	→	R onto Mountain Rd

9.0 miles. +1642/-884 feet

3.3	23.3	←	L onto MA-31 N/MA-62 E/Gregory Hill Rd (signs for Fitchburg/Sterling)
4.0	27.3	↑	Cross Rte 140
0.1	27.4	→	R onto Greenland Rd
1.8	29.1	→	Slight R onto Boutelle Rd
0.3	29.4	→	R onto Muddy Pond Rd
0.7	30.2	←	L onto John Dee Rd
0.8	31.0	↑	Continue onto Waushacum St
0.6	31.6	←	L onto MA-140 S/N Main St
0.2	31.8	↑	Continue onto Thomas St
1.3	33.1	↑	Continue onto Crescent St
0.4	33.5	↑	Continue onto Central St
0.4	33.9	↑	Continue onto MA-12 S/MA-140 S/Worcester St
2.9	36.8	←	L onto MA-70 N/Main St
1.3	38.1	→	R onto Church St

18.1 miles. +653/-1261 feet

0.1	38.2	↑	Continue onto Central St
0.5	38.7	←	Slight L onto Linden St
4.9	43.6	→	R onto Lyman/Crosby Rd
0.1	43.8	←	Slight L to stay on Crosby Rd
1.6	45.4	←	L onto Pleasant St
0.3	45.7	→	R onto Sawyer Hill Rd
1.2	46.9	←	L onto Brewer Rd
0.5	47.3	←	L onto MA-62 W/Central St
0.5	47.8	→	R onto Carter St
0.3	48.1	↑	Continue onto Highland St
0.9	49.0	←	L onto Randall Rd
1.3	50.3	→	Sharp R onto Peach Hill Rd
1.3	51.6	→	Slight R onto W Berlin Rd
1.0	52.6	→	Slight R onto Wattaquodock Hill Rd
0.3	52.9	←	L onto Old Bay Rd

14.8 miles. +1110/-1057 feet

1.0	53.8	↑	Sharp R onto Ballville/Wilder Rd
0.1	53.9	↑	Continue straight onto Wilder Rd
0.7	54.6	←	L onto Sampson Rd
0.6	55.2	←	L onto Green Rd
0.4	55.7	↑	R
0.0	55.7	←	L
0.1	55.9	▀	End of route

3.0 miles. +97/-172 feet