

RIDE LEADER PRE RIDE SAFETY TALK

Welcome

- Introduce any new members/riders
- Provide your cell phone number in case of emergency
- Paper or electronic waivers signed for non-members

The Route

- Today's ride is... GPS: N###-mi
- Type of ride
 - No drop with regroup or
 - Ride at your own pace
- Construction, dirt sections, traffic conditions
- (Planned stops or regroup)
 - Food, water
 - Restrooms

Safety

- Early shout outs
 - Car back. Car Passing. Skinny up/single file
 - Hole, BIG hole, rough road
 - Parked vehicle
 - Slowing, stopping
- Avoid sudden stops or changes of direction
- Don't overlap your front wheel with rider in front's rear wheel
- Follow rules of road. Be courteous and share the road
 - Obey stop signs, red lights, yellow line rule
 - Max 2 abreast
 - Reduce group size on narrow, twisting roads to allow cars to pass
 - Assume driver doesn't see you. Ride defensively
 - No aggression towards vehicles. Get their license plate
- Single earbud in right ear for navigation guidance only. No audio. No calls
- (Early/late season or per conditions)
 - Sand, ice, potholes
 - Branches. Especially after a storm/high wind
 - Blinkies